2023 YEAR IMPRESSION DD B Co C C

Professional Performance & Compassionate Care

Doctor Maarten Debets successfully defended his PhD thesis:

'Physicians Enhancing their Professional Performance'



"Well-being interventions are important for all doctors, not only the ones suffering from unwellness."



The 2020 national survey on physicians' well-being among Dutch cardiologists, commissoned by the NVVC, came to a successful end. Two publications resulted from the project this year

<u>Work-Related</u> <u>Well-Being</u> <u>Among Dutch</u> <u>Cardiologists – A</u> National Survey

The relationship between physicians' self-kindness and professional fulfillment and the mediating role of personal resilience and work-home interference

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PP&CC at the Rogano Meeting

The annual Rogano meeting took place in Glasgow this year and was a great opportunity for us to share our research, receive valuable feedback from the research community and meet old and new collegues!

We started our monthly Perito webinars introducing our tools for evaluation of professional performance, clinical learning environment, teaching qualities and well-being.



In the new monthly webinars. we presented the INCEPT, the TEAMQ and the WellNext Scan. In the upcoming webinar on February 27, we will talk about assessing the nursing learning climate!

Learn more at <u>www.professionalperformance-amsterdam.com</u>

PP&CC TIMELINE 2023

January

New Publication!



Structural equation modelling analysis on relationships of job demands and resources with work engagement, burnout and work ability.

March

New Publication!



<u>Using Resident-Sensitive</u> <u>Quality Measures Derived</u> <u>From Electronic Health Record</u> <u>Data to Assess Residents'</u> <u>Performance in Pediatric</u> <u>Emergency Medicine</u> by Alina Smirnova et al.

14. April

New Publication!

<u>The relationship between</u> <u>physicians' self-kindness and</u> <u>professional fulfillment and</u> <u>the mediating role of personal</u> <u>resilience and work-home</u> <u>interference</u> by Rosa Bogerd et al.

January

New publication!



<u>Health care professionals'</u> <u>perceptions of unprofessional</u> <u>behaviour in the clinical</u> <u>workplace.</u>

April

New Publication!



<u>Work-Related Well-Being</u> <u>Among Dutch Cardiologists - A</u> <u>National Survey</u> by Rosa Bogerd et al.

11. May

(Self)compassion workshop at the NVMO conference by Rosa Bogerd & Marielle den Engelsman.







5. July

Rosa Bogerd & Jose PS Henriques talk about cardiologists' well-being with <u>De</u> <u>Cardioloog.</u>

New publication!



<u>Exploring nurses' role in guiding</u> <u>residents' workplace learning.</u> By Iris Jansen et al.

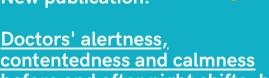
21. July

New publication!



<u>Linking leadership development</u> programs for physicians with organization-level outcomes: a realist review, by Maarten Debets et al. 21. August

New publication!



<u>before and after night shifts</u>, by Maarten Debets et al.

25./26. August

Team PP&CC in Glasgow for the annual Rogano meeting: medical education researchers discussing their work!



Learn more at

www.professionalperformance-amsterdam.com

PP&CC TIMELINE 2023

21. September

DOO "Fit to Perform" course at the Vogelhuisje

01. October



Anne van Graafeiland, MD, joins the team as a PhD-candidate, studying what makes a supportive educators' climate.

4. October

DOO "Fit to Perform" course at the Vogelhuisje on October 4th

01. November

Research intern Naraai Camboim, MD, from Brazil joins the team to study teaching qualities with the **SETQ amongst Brazilian** physicians.

17./19. September

Rosa Bogerd & Sofiya Abedali shared their research at the **First Nordic Conference on** Medical Workplace-Based Learning.



25. October

Maarten Debets succesfully defended his PhD thesis ---'Physicians, Enhancing their Professional Performance'!

2. November

Educational meeting about the WellNext Scan with PP&CC and our collaborating professional coaches!

21. November

Rosa Bogerd was one of the jurors for APH Annual Meeting



On the UMCU Internal Medicine training day Joost van den Berg and Anne van Graafeiland led a vitality and professional performance workshop.

18. December

Interview Kiki Lombarts in NTVG: 'Compassion adds to better healthcare outcomes'. poster competition.

07. December

Christmas drinks with the whole team in Amsterdam!

13. December

At the MMV conference Joost van den Berg organised a workshop on developing educational skills in residency training programs.

Learn more at

www.professionalperformance-amsterdam.com



5 FACTS ABOUT PP&CC IN 2023

Did you know that this year...

...our publications up till date passed the milestone of **3000 citations.** Our 2023 research focus included the topics of **physician well-being**, **unprofessional behaviour**, **nursing learning climate**, (self-)kindness & and appreciation and

performance assessment.

...we happily contributed to Amsterdam UMC goals by i.e. providing **IFMS coaching** conversations; **teaching** residents & students on performance & well-being; contributed to organizing the **MESA meetings**; participating in various hospital **committees** (i.e. COC, DIVA, APH Quality of Care)?

In 2023 a total of **26 hospitals** made use of our Perito Professional Performance Platform, resulting in **2606 total evaluations** completed, of which **2306 SETQ evaluations**?

> ...we shared our research through **publications**, **interviews**, **podcasts**, webinars, at (inter)national medical education conferences i.e. Rogano, FNMWL, NVMO, MMV and other events i.e. Santeon conference?



...we care about **self-care**? That is why we have value discussions together, we check-in online every Monday, we bring olliebollen, pepernoten, home made cookies, curries and salads and most importantly: we share & listen to each other.

